



Procedure preparation – Fibroid embolization

Patient Name: _____ Date of Procedure: _____

Procedure: Uterine Fibroid Embolization

1. Please go to _____
You will park in the parking spacing in the front of the building and enter the front door of the suite. You will need a responsible adult to stay with you at the center, drive you home, and stay with you at home for 24 hours or longer. No exceptions please.
2. Please arrive at _____ a.m. to prep for the _____ a.m. procedure. The person helping you and driving you home must be at least 18 years of age to pick up your prescriptions to take home.
3. Do not take aspirin, ibuprofen, or similar medications ten days before and three days after the procedure. Tylenol is ok.
4. Do not eat or drink anything after midnight the night before the procedure. If you take heart or blood pressure medication, please take with sips of water the morning of the procedure.
5. If you are a diabetic and take insulin, take half of your insulin dose the morning of the procedure. If you take metformin, hold it 24 hours prior and 48 hours after the procedure.
6. If you are hypertensive (have high blood pressure), take your medication with a small sip of water the morning of the procedure.
7. Please don't apply any nail polish, lotion, or carry any jewelry with you.
8. Kindly bikini shave before you arrive at the center.
9. Kindly request your ride to bring a sweater or blanket, as the recovery area is cool.
10. Please bring slippers, a pair of socks to keep your feet warm and dress comfortably in a sweat suit or PJ's.
11. Kindly leave valuables at home. Bring your ID, insurance card, and a credit/debit card for medicine.
12. **Please make sure you call the office three months after the UFE procedure at _____ to schedule your 3-month follow-up MRI study and subsequent visit with Dr. _____.**

If you are unable to keep your scheduled appointment, please contact our office at least 72 hours in advance so that we may accommodate other patients and re-schedule your appointment if necessary.